

Policy Title: Parent(s)/Guardian(s) Code of Conduct Policy

In addition to the General Code of Conduct, you must meet the following requirements regarding your conduct during any activity held or sanctioned by Calisthenics Victoria, or an Affiliated Club and in your role as a parent(s)/guardian(s) of a participant of Calisthenics Victoria or an Affiliated Club:

- Treat your child the same irrespective of them winning or losing
- Remember that your child participates in the sport of calisthenics for their enjoyment not yours
- Try to have fun when you are around your children at competitions. Well-directed humour can be a great de-stressor
- Look relaxed, calm, and positive on the sidelines
- Make friends with other parent(s)/guardian(s) at competitions
- Get involved in appropriate ways if your child or the coach behaves in unacceptable ways during competitions
- **Let the coach do the coaching**
- Understand that children will benefit from a break sometimes and that involvement in other sports is okay
- Be there when your child performs poorly. Be an understanding listener rather than a critic, judge and/or fixer
- Be prepared to give your child some space so that he/she can grow and develop as an independent person
- Let your child know that your love for them is not associated with their sporting performances
- Communicate with your child and ask them how they are really feeling about their sport and about competing
- Occasionally let your child compete without you being there and hovering over them
- Emphasise the good things your child did in preparing for and during the competition, and
- Ensure that where a one-on-one class (solo/duo) has been booked, that you accompany your child in that class for the duration of the class.

Version: 2		
First created: 31/12/2019	Page 1 of 1	Last reviewed: January 2025
Version changed: December 2022		Next review: January 2026